

~CLINIC DESCRIPTIONS~

Exciting Adventures await your kids these Winter Holidays at The RISE...



Basketball - This clinic covers all aspects of basketball, and is designed to improve your child's skills and social interaction, whilst maximising enjoyment.

Lego - Children will build structured projects to encourage their creativity. They will also create individual and group projects with their own ideas.

Soccer - Want your child to improve their soccer skills all while having fun? Then this clinic is for them! Our experienced coaches will help take your child through skill based training and games, while having a blast.



Cooking - These hands on cooking workshops will teach your child the fundamentals required to create a meal or snack that they can eat on the day. Children will also take away skills so they can cook you a meal at home!

Science - Our science workshops engage children with basic scientific techniques that demonstrate how science works in the real world and a fun environment.

Table Tennis, Pickleball & Badminton - Does your child love all sports? Then this is the clinic for them! Table Tennis, Pickleball and Badminton will all be there.



Arts & Craft - A hands on clinic that will bring out your child's creative and artistic side. Children will develop and create their own jewellery to bring home.

The Amazing Race - Are your children good at puzzles and solving clues? Then this scavenger hunt style race will be the best afternoon out!

Recycle your way to a Sustainable Future** - want to help make a more sustainable future? Come down and make a bird seed feeder and fairy garden out of recyclables. ** Free Community event - Bookings required



School Holiday Clinics



October 2020

Tuesday 29th Sept - Friday 9th Oct



9208 2400

A: 28 Eighth Ave, Maylands
E: rise@bayswater.wa.gov.au
W: www.bayswaterrecreation.com.au/rise



WEEK 1

TIME	MON 28th Sept	TUE 29th Sept	WED 30th Sept	THU 1st Oct	FRI 2nd Oct
9am-12pm	Public Holiday		Basketball	Lego	Table Tennis, Pickleball & Badminton
1pm-4pm		Science Experiments	Cooking (Make your own Pies)	Soccer	

WEEK 2

TIME	MON 5th Oct	TUE 6th Oct	WED 7th Oct	THU 8th Oct	FRI 9th Oct
9am-12pm		Recycle your way to a Sustainable Future **	Lego	Basketball	Soccer
1pm-4pm	Cooking (Mexican)	Arts & Crafts	Science (Playdough Volcano)	The Amazing Race	

How to Register

- (1) In person at The RISE reception desk
- (2) Over the phone on 9208 2400
- (3) Via email at rise@bayswater.wa.gov.au

Pick up a registration form at The RISE or download one online at <https://bayswaterrecreation.com.au/rise> for pricing and information



Adults can enjoy School Holidays at The RISE too!

- Sit back and relax with a coffee in our on-site café
- Enjoy all that the library has to offer
- Workout in our modern Health Club
- Get motivated in one of our many Group Fitness classes



LOVE OUR SCHOOL HOLIDAY CLINICS?



Pick up a Term 4 brochure TODAY to see our range of exciting Fit Kids @ The RISE programs! For more information contact our friendly staff on 9208 2400 or visit bayswaterrecreation.com.au/rise